



MANGROVE

Food should be exciting.

Laughter, joy and love should be brought to every dinner table. At Mangrove we want customers to make memories. With over thirty years in the business we think it's about time for some change. By using local produce and cooking with soul, we aim to provide a contemporary and fresh vision when it comes to Indian food.

Stay
Connected



- TEAM MANGROVE



BYOB
£2.00

TAKE YOUR OWN
BOTTLES HOME FOR
NO SERVICE CHARGE

CHECK OUT OUR
**MOCKTAIL
MENU**



STARTERS

- CHICKEN PAKORA £6.50**
Breast of chicken marinated in the tandoori, then deep fried in a batter
- GF VEGETABLE PAKORA £5.50**
Mixed vegetables moulded in batter and deep fried
- GF ONION BHAJI £5.50**
Mixed vegetables moulded in batter and deep fried
- GF TANDOORI MIX £7.00**
Consists of lamb, chicken, pakora, sheek kebab
- GF CHICKEN TIKKA £6.50**
Marinated with Indian spice and cooked in the clay oven
- SOMOSAS £6.50**
Crispy fried savoury filled with mince
- ALOO SOMOSA £6.50**
Soft pastry filled with potato
- GF GARLIC MUSHROOM £5.50**
Mushrooms with garlic and Indian spices
- CHICKEN CHAT £6.50**
Medium sauce, served with a puri chapati
- CHICKEN OR VEGETABLE MOMO £6.50**
East and South Asian steamed filled dumpling. Momo is native to Tibet and Nepal

MIXED PLATTER THALI

- MANGROVE THALI £23.00**
Chicken tikka, vegetable pakora, chicken tikka masala, lamb bhuna, chicken dansak, lamb samosa, basmati rice and nan bread
- VEGETABLE THALI £20.00**
Consists of mushroom bhaji, aubergine bhaji, sag aloo, pakora, basmati rice and nan bread
- MEAT FEAST THALI £22.00**
chicken tikka, lamb tikka, tandoori chicken, sheek kebab, nan and raita

MANGROVE

EXOTIC SPECIALS

- MAMA'S BIRYANI £14.50**
Chicken, lamb or vegetable spiced rice, sealed with nan bread. Just like mama would make. Served with raita and popadoms
- TANDOORI CHICKEN MAKINWALLA £15.50**
The classic cheese curry, topped with a golden crisp crust. Cheese sourced from Connage Dairy. Served with crispy garlic nan fries
- KERALA KING PRAWNS £17.50**
Base of spiced coconut and green chili puree topped with marinated charred king prawns. With shatkora rice and lemon glazed salad
- MAHARAJAHS MURGH £14.50**
Marinated chicken slow cooked in the tandoori oven with onions, peppers and tomatoes. Customise the taste with our selection of aromatics and flavoured oils. Complete with house salad
- DESI MINCE AND TATTIES £13.50**
Authentic keema and potato curry cooked with Munro's Butchers beef mince meat. Served with soft chapatis
- MANGROVE'S MONSOON £13.50**
Fruity curry made with fresh mango and jackfruit. Served with a coconut and chilli rice
- BOMBAY BURGER £13.50**
Beef burger marinated in spice and a hint of chilli. Topped with onion bhaji and medium sauce with soft buns. Served with chips

MILD / MEDIUM // HOT GLUTEN FREE GF
SOME OF THESE DISHES MAY HAVE TRACES OF NUTS

CLASSIC

- MASALA**
Tomato based with your choice of garlic and chilli
- / GF HATHCORA**
Citrus fruit native to Bangladesh, onions and herbs
- / GF PALAK**
Fresh spinach, peppers, onion and garlic
- // GF MUGLAI**
Fit for a king, sweet and sour served sizzling

- // GF CHILI GARLIC**
Hot dish, with fried garlic, ginger and onions
- GF CHASNI**
Cream, coconut and mango chutney
- // GF CHILLI KORMA**
The perfect blend of sweet and savoury

CLASSIC DISHES AVAILABLE IN:

- CHICKEN TIKKA.....£12.50
LAMB TIKKA.....£12.95
PRAWN.....£12.95
KING PRAWN.....£14.95
VEGETABLE.....£9.95
PANEER.....£11.50

VEG SIDES

	SIDE DISH	MAIN COURSE
GF VEGETABLE BHAJI Fresh mixed vegetable cooked with various spices	£6.50	£9.95
GF BOMBAY ALOO Potato cooked with butter, a slightly hot spiced dish	£6.50	£9.95
GF ALOO SAAG A combination of potato and spinach cooked with spices	£6.50	£9.95
GF TARKA DAHL Spiced lentil	£6.50	£9.95

RICE

GF PLAIN RICE	£2.95
GF PILAU RICE	£3.00
GF FRIED RICE	£3.00
GF MUSHROOM PILAU RICE	£3.00
GF VEGETABLE PILAU RICE	£3.50

NAN

Our nans are cooked freshly using the best quality produce

PLAIN NAN	£3.00
GARLIC NAN	£3.00
KEEMA NAN (mince meat)	£3.50
PESHWARI NAN (coconut)	£3.50
CHEESE NAN	£3.50
CHILLI NAN	£3.50
PARATHA	£3.50
CHAPATI	£1.95
NUTELLA NAN	£4.50
BOUNTY NAN	£4.50

SUNDRIES

PLAIN POPPADOM	£0.80
SPICED POPPADOM	£0.90
PICKLE TRAY	£2.50
CHIPS	£2.85